

Game - Shops

CLEAN UP MY BACK YARD

General Description

Divide the players in half. In a clear open space make a line down the middle. Each team spreads out in their side of the playing area. On the floor of each team's "back yard" place numerous soft objects/balls/foam blocks. On the command "go", each team tries to rid their "back yard" of all the debris by throwing the objects onto the other side. After a minute the play is stopped to allow each team to count the objects are in their yard. The team with the least is the winner for that round. Any object that is already in motion is allowed to finish it's path. Any object thrown after the command to STOP is an automatic point for the other team.

Objectives

Agility, throwing, rolling, eye hand coordination, listening, self control, counting
Sharing

Equipment needed

Variety of soft objects; balls, stuffed animals,

Set up

Divide the space into two zones. You can use tape, string, rope, carpenters snap line, balance beam, line up their shoes if you must

Instructions to Participants

Encourage players to direct the objects to a place where the other team does not have a player causing them to go farther to get the object.

Rules or procedures

The leader can cause one team to get a point by observing which side has the most objects at one given moment and then calling "STOP".

Safety Issues

Modifications

- **Space**

If one team is better (for whatever reason) make their space larger

- **Equipment**

You could use hard objects but the player would have to ROLL the object

- **Rules**

Players have to kick the object, players are seated and pick up objects with their feet and throw backward over their head while rolling backward. Boys have to roll all object and girls have to throw objects

- **Teams**

Objects must be passed to at least one team mate prior to throwing into the other team's yard.

